

Male Measurement Form

Name of School: _____

Name of Teacher: _____

Instructions: All measurements are in inches.

Neck: Taking the measuring tape, simply create a circle (starting from the zero point on the tape) and wind the tape around the subject's adam's apple or the thickest part of their neck. Loosen up to allow two fingers to easily be able to enter the loop in between the tape and the neck.

Sleeve: The sleeve is simply measured by placing the tape, starting from zero, at the exact middle of the spine, where the neck meets the shoulders. Holding the tape in place with one hand, bring it across the shoulders and then straight down the arm. End the measurement anywhere from the break of the wrist (for a more Italian, bold look in your suits) to within a half inch of the division between thumb and forefinger. Anywhere in this range is acceptable – most gentlemen prefer somewhere in the middle.

Chest: The chest measurement is very basic – a loop measured across the breast of the subject, at the widest part of their chest. It is important to relax the measuring tape slightly (or more aggressively if fitting huskier subjects) to allow for a bit of breathing room.

Waist: The waist measurement is also very quick – simply a loop around the largest part of the subject's midsection. Relaxing the tape an inch (or two, for larger subjects) will allow for a more comfortable fit.

Pant Length: This is the measurement from the top of one's waistband to the hem of the pant leg. Simply place the measuring tape at the top of the waistband, standing to one side of the subject, and measure straight downward to the floor (if barefoot), or to the block of the subject's shoe.

Ring Size: Use Ring Sizer provided.

Male Measurement Form

Name (Last, First)	Neck	Pant Length	Waist	Sleeve	Chest	Ring Size
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